

Personal and Social Development,  
Well Being & Cultural Diversity

How do we feel in the dark? Why is sleep important to us? What helps us go to sleep?

Knowledge and Understanding of the Word

People who work through the night  
Nocturnal animals

Physical Development

Fine motor skills: cutting and sticking, painting, pencil grip, threading and lacing.

Gross motor skills: moving like nocturnal animals, night time dancing, climbing frame, diggers, bikes

Welsh Language Development

Welsh words for topic based vocabulary e.g. star, moon, night, dark, sleep, bed  
Greetings – Bore da, Prynhawn da  
Please and thank you – Os gwelwch yn dda, diolch

Topic Leaflet

Autumn Term 2015

When I Fall Asleep

Mathematical Development

Counting: rote counting, counting objects

Number recognition

Shape names

Patterns with shapes

Mathematical language: big, small, medium, behind, under, over

Days and months

Ordering: numbers, routines, sequences

Time: night and day, what time do we go to bed?

Sorting objects

Number rhymes

Language, Literacy & Communication Skills

Related stories:

How to catch a star

Owl Babies

What the ladybird heard

Related rhymes and songs:

Twinkle Twinkle

Hey Diddle Diddle

Lullabies

Discussions:

Nocturnal animals

Feelings when it is dark

How do we see in the dark?

Writing letters to the man in the moon

Descriptive language for dark/stars/moon/night

Creative Development

Look at artwork by Marc Chagall and Salvador Dali

Create night time pictures

Listen to night time music (Mozart)

Sing Lullabies

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